

**WHEY  
PROTEIN**

# Protein Coffee

2G-4G SUGAR, 100-200 CAL,  
15G-30G PROTEIN, 80MG-  
160MG CAFFIENE

## MAKE YOUR OWN

### CHOOSE YOUR BASE

MOCHA BLEND

HOUSE BLEND

### CHOOSE YOUR SUGAR FREE SYRUP

- IRISH CREAM
- HAZELNUT
- BUTTERSCOTCH
- VANILLA
- PUMPKIN
- PEPPERMINT
- BROWN SUGAR
- CINNAMON
- CHOCOLATE
- CARAMEL
- WHITE CHOCOLATE
- COOKIE DOUGH
- MARSHMALLOW
- COOKIE BUTTER
- LEMON
- BLUEBERRY
- AMARRETTO
- STRAWBERRY
- S'MORES
- APPLE
- ALMOND
- BANANA
- PEANUT BUTTER



## OUR FAVES

### CINNAMON ROLL

cinnamon + brown sugar + house

### BROWNIE BATTER

double chocolate + oreo + cookie  
dough + mocha

### CARAMEL DELIGHT

caramel + vanilla + house

### WHITE CHOC MOCHA

white chocolate + mocha

### MOCHA

chocolate + mocha

### S'MORES

mocha + marshmallow + chocolate

### COOKIE DOUGH

caramel + cookie dough + house

### SUGAR COOKIE

marshmallow + almond + vanilla  
+ house

### CARAMEL CHEESECAKE

caramel + cheesecake + house

## ICED OR HOT

## CHILLERS

### MOCHA CHILLER

double chocolate + cookie dough  
+ oreo

### CARAMEL CRUNCH

house + vanilla + caramel +  
butterscotch

### COOKIES & CREAM

house + vanilla + cookie dough +  
oreo

### WHITE CHOCOLATE

house + white chocolate + vanilla

## SKINNY FRAPPES

### CREME BRULEE DONUT

where coffee meets caramel and  
vanilla

### CINNAMON SUGAR DONUT

tastes like a cinnamon roll dipped in  
coffee

### TURTLE MOCHA

where chocolate meets  
caramel and cookie dough

### WHITE CHOC ICING

white choc and vanilla with a  
blend of coffee

### A delish coffee shake blended!!

(\$10) 24oz - 22 g protein, 80mg  
caffiene, 2g sugar, less than 150  
calories

(\$12) 32oz - 44g protein, 160mg  
caffiene, 4g sugar, less than 310  
calories

NOT INCLUDING TOPPINGS!

Healthy alternatives to your classic frappe with a Skinny  
shot(burns belly fat!) and a full meal replacement with  
poured over ice and our Coffee!!!



31 g protein, 120mg  
caffiene, 11g sugar,  
less than 250  
calories)





**SOY  
PROTEIN**

# Healthy Shakes

9 SUGAR, 24G PROTEIN, 250 CALORIES

## VANILLA

### BANANA BERRY

banana + strawberry

### BANANA FOSTER

Banana + caramel

### BANANA BREAD

Banana + brown sugar cinnamon

### TROPICAL BANANA SPLIT

banana + coconut + pineapple + straw berry

### FRUITY PEBBLES

rasp + blueberry + orange

### COOKIE DOUGH

caramel + butterscotch

### DRUMSTICK

chocolate, waffle, choc chips

### ORANGE DREAMSICLE

orange + white choc

### BIRTHDAY CAKE

cake batter + sprinkles

### STRAWBERRY CHEESECAKE

strawberry + cheesecake + graham

### CINNAMON TOAST CRUNCH

cinnamon + vanilla + brown sugar

### SALTED CARAMEL CHEESECAKE

caramel + cheesecake + graham

## CHOCOLATE

### BANANA SPLIT

banana + strawberry + caramel + choc

### RED VELVET OREO

cherry + oreo + choc

### S'MORES

double choc, marshmallow, graham + choc chips

### BROWNIE BATTER

double chocolate + oreo

### CHOC COVERED

STRAWBERRY  
chocolate + strawberry

### ANDES MINT

mint chip + chocolate

### TWIX

double chocolate + caramel + vanilla + graham

### CARAMEL BROWNIE

double chocolate and caramel

### CHUNKY MONKEY

chocolate + banana

## PEANUT BUTTER

### MONSTER COOKIE

pB + M&Ms + oatmeal + caramel

### ELVIS

PB + Choc + banana

### PB OREO CHEESECAKE

PB + oreo + cheesecake

### NUTTER BUTTER

PB + vanilla + graham

### REESES PB CUP

double choc + PB

STARS ARE BY  
OUR POPULAR  
FLAVORS



**COMBO #1: 24OZ  
SHAKE & TEA - \$16**  
**COMBO #2: 32OZ  
SHAKE & TEA - \$22**

### BENEFITS:

- 250 CALORIES OR LESS, 24-30G PROTEIN, • 24 VITAMINS AND MINERALS • FULL MEAL REPLACEMENT
- SAME AMOUNT OF SUGAR IN A BANANA ☆ ALL THE NUTRIENTS YOUR BODY NEEDS FOR THE DAY!





# Specil-Teas

32 OZ SIZE ONLY! HAS ADD ONS IN THEM!

## BEAUTY PROTEIN TEAS

BOOSTED TEA + 15G PROTEIN + COLLAGEN

### TULIIP FIELDS

blackberry + whip + wildberry + watermelon

### BIKINI BABE

white grape + pink star + peach + trop liftoff + peach mango

### JIMMY BUFFET

whip + peach mango + trop liftoff + pina colada + pineapple

### PRETTY IN PINK

raspberry + pink star + wildberry + pom liftoff + whip

### CUCUMBER WATERMELON

raspberry + Watermelon + cucumber + pom liftoff

### PINK STARBURST

strawberry + pink starburst + pom liftoff + wildberry

### LOVERS LANE

lemonade + pink star + peach + fruit punch + pom liftoff + wildberry

### PINK LADY

raspberry + cotton candy + wildberry + whip + lime liftoff

### THE MANIAC

cranberry + tropical liftoff + peach mango + pineapple

## HYDRO TEAS

BOOSTED TEA + ELECTROLYTES + COLLAGEN

### SOUTHERN COMFORT

pina colada + pineapple + pink star + orange liftoff

### PALM TREE

pineapple + coconut + blue raspberry + lime liftoff

### BAD & BOJEE

pineapple + fruit punch + blue blast + tropical liftoff

### TYE DYE

orange + strawberry + blue raspberry + pom liftoff

### SNOW CONE

blue blast + cherry + pineapple + lime liftoff

### WATERMELON SUGAR

tropical liftoff + Watermelon + Rainbow candy + pineapple

## IMMUNITY TEAS

BOOSTED TEA + IMMUNE SUPPORT + ZINC + VITAMINS C + HYDRATION

### BLUE RASPBERRY CITRUS

blue blast + blue rasp + lemonade + lime liftoff

### SPRING FEVER

stawberry + orange + pink star + tropical liftoff

### MEDICINE BALL (HOT)

cinnamon + honey

### ORANGE YOU GLAD

orange + melon + polar blast + orange liftoff

### FRUITTY TUTTI

pom liftoff + strawberry + cherry + orange

## CAFFIENE FREE REFRESHERS

ALOE + SOOTHES DIGESTION + HYDRATION

### LEMONADE \$3

basic sugar free lemonade. Add flavor for \$1 upcharge

### PINEBERRY

Pineapple + orange + cranberry

### STRAWBERRY SUNRISE

strawberry kiwi + orange

### SWEET & SASSY

watermelon + strawberry kiwi + green apple

### FUZZY PEACH

dragon fruit + mango + dragonfruit + vanilla

### ORANGE DREAMMSICLE

orange + pink starburst + vanilla

### STRAWBERRIES & CREAM

strawberry + pink starburst + vanilla

### PEACHY KEEN

orange + peach + pink starburst

### WATERMELON COOLER

watermelon + cucumber + pink starburst

STARS ARE BY OUR  
POPULAR FLAVORS





# Boosted Energy Teas

0 SUGAR, 160 MG - 245 MG  
CAFFIENE, 25-50 CALORIES

## LIME LIFTOFF

### BIKINI BOTTOM

pineapple, + blue blast

### BUTTERFLY

strawberry + grape + blue raspberry

### LIFESAVER

cherry + watermelon + orange + green apple

### HARLEY QUINN

raspberry + lemonade + blue rasp

### STARFISH

blue rasp + Blue blast + Pink star

### AMERETTO STONE SWEET

amaretto + cherry + lime + lemon + orange

### GUSHER

green berry + blue raspberry

### LIZARD LIPS

green berry + polar blast + pineapple

### HEARTBREAKER

strawberry + watermelon + Pink star

### SHARKBAIT

strawberry + blue blast + blue rasp

### SOUR GUMMY WORM

Orange + Watermelon + blue rasp

### BLUE WAVE

Blue rasp + blue blast + polar blast

## POM LIFTOFF

### BOMB POP

Cherry + Rainbow Candy + Blue rasp

### BOB MARLEY

Orange + Strawberry + lime

### COTTON CANDY

Cotton candy + Strawberry + polar blast + Pink star

### NORTHERN LIGHTS

Orange + rainbow candy + blue rasp

### PIXIE STICK

Raspberry + Pink star + blackberry

### SHARK WEEK

Polar blast + Blue blast + lemonade

### PINK PANTHER

rainbow candy + strawberry

### NERDS

rainbow candy + blue raspberry

## BLACKBERRY LIFTOFF

### CHESHIRE CAT

blackberry + pink starburst + blueberry

### BLACK PEARL

blackberry + grape + blue blast

## ORANGE LIFTOFF

### ORANGE SLICE

passionfruit + melon + pink star

### PEACH RING

peach

### SUMMER BERRY

strawberry + peach

### SUNNY D

orange + pineapple

### PEACH ON THE BEACH

peach + pineapple

### PINA COLADA

coconut + pineapple

### STRAWBERRY SUNNY D

orange + pineapple + strawberry

### BANANA TWIST

pineapple + banana + cherry

## TROPICAL LIFTOFF

### BAHAMA MAMA

watermelon + coconut + pineapple

### FRUIT ROLL UP

fruit punch

### MAMBA

strawberry + peach + coconut

### PINEAPPLE FRUIT ROLL UP

fruit punch + pineapple

### SHARKNADO

strawberry + watermelon + pineapple + blue blast

### MELON BERRY COLADA

strawberry, melon, pina colada

### BLUE FRUIT ROLL UP

fruit punch + blue blast

ASK ABOUT OUR ADD ONS

COLLAGEN + ELECTROLYTES + PROBIOTIC + PROTEIN

STARS ARE BY OUR  
POPULAR FLAVORS

BENEFITS

• CLEAN CAFFIENE, BOOST METABOLISM, NO SUGAR, & HELPS WITH MENTAL CLARITY & ALERTNESS, BRAIN FOCUS REVITALIZES YOU, SOOTHES DIGESTION!







# KIDS MENU

## KIDDIE TEAS / REFRESHERS

(NO CAFFIENE, ELECTROLYTES, 0 SUGAR, ALOE)

24OZ, 32OZ



### Adventure

(Strawberry + Watermelon + Pink starburst)



### Hulk

(Grape + green berry + lime)

### Coconut island

(Pineapple + coconut)



### Bingo

(Orange and Lemonade)



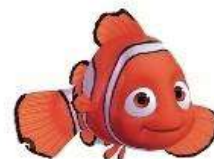
### Drop in the ocean

(Blue blast + blue raspberry + pink starburst)



### Bluey

(Blue blast and Blue raspberry)



### Nemo

(Peach and Lemonade)



### Barbie

(Rainbow candy + Pink starburst)



### Gummy Bear

(Strawberry + watermelon)



### Blue refresher

(Blue raspberry + pink starburst + pina colada)

### Iron Man

(Rainbow and Lemonade)



### PINK COTTON CANDY

(STRAWBERRY + pink starburst + COTTON CANDY)



### Little Mermaid

(strawberry + blue raspberry)





# SMOOTHIE BOWLS

EACH FILLED WITH VITAMINS, FRUIT, ACAI, AND LOVE !  
☆MACROS DON'T INCLUDE TOPPINGS OR DRIZZLE☆  
15G PROTEIN

## CHOCOLATE PB BANANA

(CHOCOLATE, BANANAS, AND  
PEANUT BUTTER)

●280 CAL●

## SUPER ACAI

(ACAI, STRAWBERRY, MIXED BERRY, VANILLA)

●280 CAL●

## TROPICAL SUNRISE

(TROPICAL MIX FRUIT, PEACH, STRAWBERRY  
ORANGE)

●275 CAL●

## BANANA BERRY

(BANANA, STRAWBERRY ,VANILLA)

●275 CAL●

